

☯ Touch for Health® Kinesiology 2 ☯

for Health Professionals and Nonprofessionals

For
Date & Location
Check Website

Touch for Health 2 reviews and builds on TFH I.

Learn the Chinese Law of 5 Elements, 14 additional muscles, acupressure holding points, alarm points, new pain control techniques, meridian massage, and a self balancing technique.

Touch for Health techniques synthesize Eastern and Western approaches to mind-body healing. These safe and effective methods have been used to:

- Help individuals reduce or eliminate pain & stress
- Achieve dramatic improvements in health, vitality, & athletic performance
- Improve posture, strength, & flexibility
- Enhance the immune system
- Improve vision, memory, & learning
- Accelerate recovery from injury & surgery
- Lose weight
- Eliminate phobias.

YOU WILL LEARN...

- The Law of Five Elements - theory and practice
- One point correction procedure
- Alarm Points for over energy
- Yin/Yang concept
- Cerebrospinal technique
- Circuit locating
- Prechecks
- Spindle Cell Mechanism
- Golgi Tendon Apparatus
- Acupressure holding points
- Meridian massage
- Meridian walking for recent pain
- Food testing with sensitivity mode
- Simple Pain techniques
- Cross Crawl integration exercise
- 14 additional muscles

Fee: Check website.

Prerequisites: TFH1.

Approved by NCBTMB for
15 hours Continuing Education
for Massage Therapists



Your Instructor:
Charles West, LMT

- *Certified Touch for Health® Kinesiology Instructor*
- *Certified K-Power® Instructor*
- *Massage Therapist since 1994*
- *Chiropractic clinic 1995-2009*
- *TouchPro® Institute Certified*
- *Advanced Acupressure for Stress, Acupressure Institute*

MASSAGEWORKS
PO Box 11606
Knoxville, TN 37939
(865) 694-3144

Registration/information online at:

MassageWorksTN.com

MassageWorks is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider.
#450843-08

Registration Form: TFHK 2, Date: _____

To reserve your space, send this form and your nonrefundable preregistration check for \$50,
Or full, early pre-payment at least two weeks in advance of class date to:
MassageWorks, PO Box 11606, Knoxville, TN 37939

Name _____ Phone (____) _____
Address _____ City _____ Zip _____
Email address _____

I'm unable to attend this date. Please keep me informed of other workshops.